

THE STR TREATMENT

Our natural thermal waters are a cure-all for the body and mind. At San Giovanni Terme Rapalano, we want these benefits to be fully present during your stay.

The interiors are designed to ensure maximum comfort and immerse you in a relaxing and elegant environment. The spa follows the rhythm of the seasons to offer treatments and cures connected to the cycle of nature.

We respect nature through meticulous care of our green spaces and with facilities that are integrated with minimal impact, like the bio-sauna or the Infinity pool. This awareness is the foundation of our cuisine, where products, mostly organic, from small local producers are selected.

THE BISTRÖT

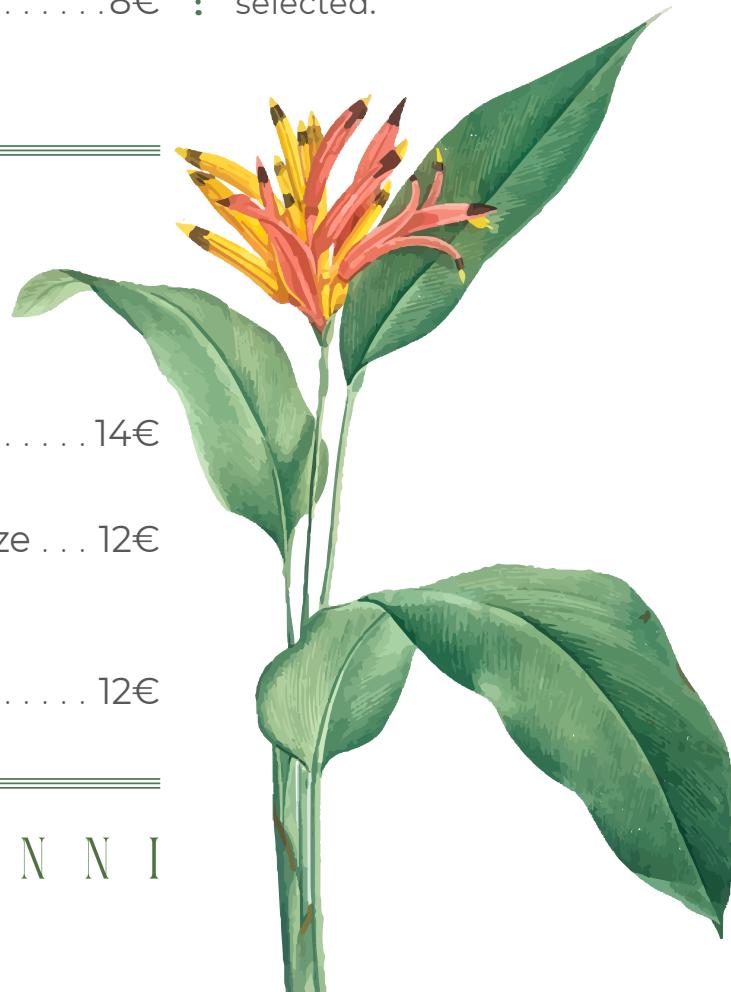
NIBBLES

Bread, Butter & Cantabrian anchovies	6€
1, 4, 7	
Tuscan cured ham & pickled vegetables	8€
9, 12	
Selection of cheeses from “Fattoria Buca Nova” & organic honey	8€
7	
Chickpeas humus with sesame crackers 	5€
11	
Crostino with mushrooms and stracchino cheese ...	5€
1, 7, 12	
Steak tartare with sweet & sour mustard seeds and Olive oil by “Felsina”	9€
10, 12	
Quiche Lorraine.....	8€
1, 3, 6, 7	

SALADS

Mixed salad with smoked  Orbetello mullet	14€
4, 9	
Sweet potato caprese salad with balsamic glaze ...	12€
7, 12	
Farro salad with chestnuts, ricotta mousse and pomegranate.....	12€
1, 7	

TERME SANGIOVANNI





BREAD

Club sandwich with “Tarese del Valdarno”  14€
1, 3, 6, 12

Beefburger with caramelized onions,
bacon and pecorino cheese 15€
1, 6, 7, 11, 12

Veggie-burger with shredded 
white cabbage and vegan mozzarella 14€
6, 12

EGGS

Omellette with Tuscan herbs 12€
3

Fried eggs with roasted vegetables 12€
3

HOT DISHES

“Primo piatto” of the day 12€

Grilled octopus with creamy potatoes,
crunchy celery and cherry tomatoes 14€
9, 14

Roasted pumpkin, yogurt sauce
and vegan feta 12€
1, 7

Herby chicken “steak”
with roasted cabbage 14€

TO SHARE



Cheese and cold cut platter with
pickled vegetables and fruit mustards 18€
7, 9, 12

Flatbread pizza with tomatoes,
stracciatella cheese and anchovies 20€
1, 4, 7

Flatbread pizza with taleggio cheese,
sun-dried tomatoes and kale pesto 20€
1, 7, 12

DESSERTS

Neapolitan chocolate cake with lemon cream	6€
3, 7, 8	
Tiramisù	6€
3, 7	
Fruit salad	6€
Homemade ice-cream	6€
1, 3, 7, 8	

DRINKS

UNPASTEURIZED KOMBUCHA

Ladybug – 200 ml	4€
ARABICA COFFEE, CINNAMON AND BOURBON VANILLA	
LEMON, GINGER, BLUEBERRY AND LAVENDER FLOWERS	
STRAWBERRY, BLUEBERRY, MINT AND HIBISCUS FLOWERS	
Livebarrels – 330 ml	6€
CLASSIC	
KOMBUCOLA	
KARKADÈ, ROSEHIP, ASHWAGANDHA AND TURMERIC	

COLD EXTRACTED

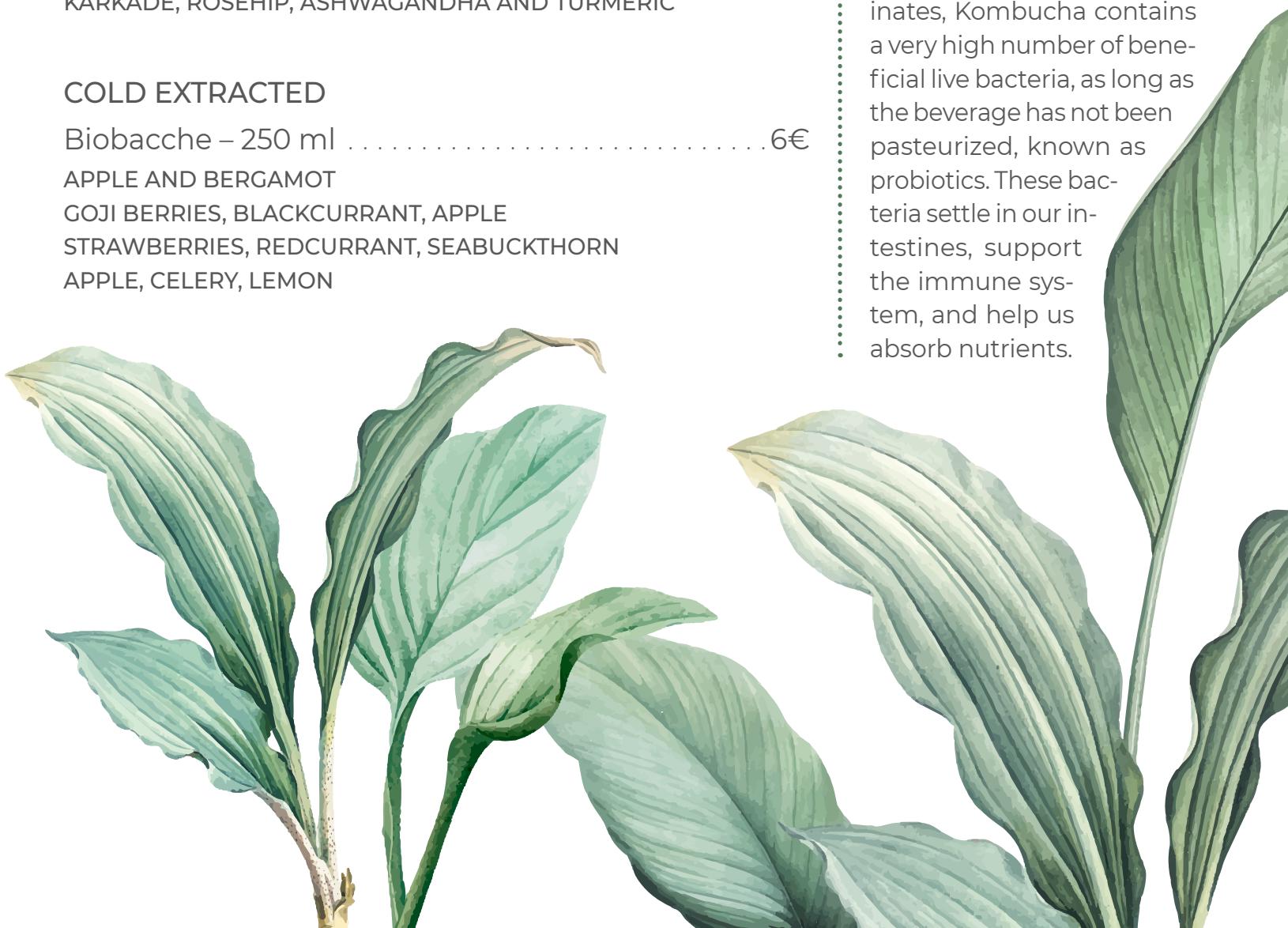
Biobacche – 250 ml	6€
APPLE AND BERGAMOT	
GOJI BERRIES, BLACKCURRANT, APPLE	
STRAWBERRIES, REDCURRANT, SEABUCKTHORN	
APPLE, CELERY, LEMON	

KOMBUCHA ELIXIR OF HEALTH?

Kombucha, often referred to as the “Elixir of Health” by the Chinese, is a fermented drink originating from the Far East. The earliest traces of it date back to around 220 B.C. during the Qin dynasty, where it was said to have been prepared for the first time for Emperor Qin Shi Huangdi.

Kombucha is a beverage made from black tea fermented with a SCOBY. The SCOBY, also known as the mother, is a symbiotic community of bacteria and yeast that forms a floating cellulose disc used as a starter for producing the fermented tea.

Thanks to the fermentation process from which it originates, Kombucha contains a very high number of beneficial live bacteria, as long as the beverage has not been pasteurized, known as probiotics. These bacteria settle in our intestines, support the immune system, and help us absorb nutrients.





SPARKLING WINES

- Podere della Bruciata, Bonaccia Rosato, Brut Nature, Montepulciano, 2020 36€
TREBBIANO, SANGIOVESE
- Milan Nestarec, Danger 380 Volts, Moravia, rifermentato in bottiglia, 2021 38€
NEUBURGER, MULLER THURGAU, MOSCATO
- Mas Gomà, La Volta, Brut Nature, Metodo Classico, Catalogna 25€
MACABEO, XARELLO

WHITE WINES

- Antonio Camillo, Marittimo, Manciano, 2023 24€
VERMENTINO
- Do.t.e., New Again, Cortona, 2020 35€
MOSCATO
- Vigneti Massa, Derthona, Colli Tortonesi, 2022 34€
TIMORASSO
- Weingut Molitor, Riesling Alte Reben Trocken, Mosella, 2021 38€
RIESLING

ORANGE WINES

- Canlibero, lastemma, Sannio beneventano, 2021 30€
FALANGHINA
- Martin Vajcner, Veltlinske Zelene, 2021 35€
GRUNER VELTLINER

ROSÉ WINES

- Tenuta di Carleone, Rosato, Radda in Chianti, 2023 28€
SANGIOVESE
- Bakkanali, Rosa, Monte Amiata, 2023 30€
SANGIOVESE

RED WINES

- Podere Erica, The Raven, Olena, 2022 28€
CANAIOLI, SANGIOVESE, TREBBIANO
- Bakkanali, Kab, Monte Amiata, 2023 38€
CABERNET SAUVIGNON
- Colle Florido, Salvo, Abruzzo, 2022 24€
MONTEPULCIANO D'ABRUZZO
- Mataburro, Idoine, Linguadoca, 2022 38€
MERLOT

CIDERS

- Cantina Errante + Ernesto, Sidro, San Gimignano, 2021, 375 ml 13€
FERMENTAZIONE SPONTANEA DA VARIETÀ ANTICHE DI MELE CURATE DA ERNESTO A CHIANNI
- La Maison Romane, Manoir du Bais Cidre Primeur, 2022, 750 ml 25€
FERMENTAZIONE SPONTANEA CON MELE DELLA BRETAGNA
- Julien Thurel, Cidre Solstice, 2019, 750 ml 50€
FERMENTAZIONE SPONTANEA CON MELE DEL GATINAIS. EXTRA-BRUT.

BEERS

- Birrificio La Stecciaia, Ko-meta, Rapolano Terme, 4,6 %vol . . . 330 ml, 6€; 750 ml, 14€
BLONDE ALE
- Birrificio La Stecciaia, Rye Ipa, Rapolano Terme 330 ml, 6€; 750 ml, 15€
INDIAN PALE ALE CON SEGALE
- Birrificio La Stecciaia, Cocò, Rapolano Terme, 4,8 %vol 330 ml, 6€; 750 ml, 15€
BLANCHE CON FARRO MONOCOCCHIO
- Cantina Errante, Ka Ginepro, San Gimignano, 2021, 6,1 %vol 375 ml, 12€
FERMENTAZIONE SPONTANEA DA PERPETUA PALE CON GINEPRO
- Cantina Errante, Ka Saline, San Gimignano, 2022, 6,5 %vol 375 ml, 12€
FERMENTAZIONE SPONTANEA DA PERPETUA CON SALE DI VOLTERRA, MELISSA E TIMO CEDRINO
- 3 Fonteinen, Oude Geuze Geuze n°7, Belgio, 22/23, 6,7% vol 375ml, 17€
BLEND DI LAMBIC DI DIVERSI PRODUTTORI

FOR THE COMPLETE SELECTION IT IS POSSIBLE TO REQUEST THE WINE LIST

WINE TASTINGS

Our wine list is the result of meetings with artisans who want to tell the story of this a region. We select small producers who respect nature, are aware of the importance and value of their work, and are able to express the place and time in which they live. To deepen your understanding of our selection and philosophy, we offer tasting experiences with five glasses, accompanied by snacks, which can be booked at the reception.